How is it diagnosed?  
  
<p>  
Anaemia can be detected by a simple blood test. <br><br>

As anaemia is so common in pregnancy, your GP will routinely check your haemoglobin levels. <br><br>

All pregnant women are screened for anaemia at their first booking visit and at 28 weeks of pregnancy. <br><br>

If you are at an increased risk of anaemia, you may be screened more frequently.  
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